

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Practice I:

Title of Practice: Prayer- an earnest hope or wish.

1. Objectives of the Practice

- One of the goals of the institute is to create ethical, moral, and humane professionals who will advance society.
- Realizing that a new power exists that enables students to live successfully and bear witness the strength of the good is compelling.
- To help students become more optimistic and discover the right course in their academic and social lives.
- To aid kids in finding healing and fostering bravery or knowledge.

The Context:

Additionally, morning prayers foster a contemplative, reflective mindset that further aids in mind-calming. This enhances focus even further, which is crucial for both teachers and students to get through the day.

The practice:

The day starts with the prayer "Daivame Njan Nin Savidhe Kooppu kaikalumayennum Ananjidumbol nee nin Kripa ennil thookaname" which is preyed on by Students, Teachers, and Staff. The prayer is run on the speaker and each one from the institute stands up to attend the prayer outside their respective cabins and classes. This prayer is created by famous Christian devotional music directors chikku and chinchu in a way that satisfy all the religion.

In this prayer the supreme god who is beyond religious boundary is worshiped. The prayer starts by saluting supreme god by famous Anjali mudra and the complete surrendrance to god. Prayer ends by requesting almighty to protect and adequate the works of all students, teaching staffs and non-teaching staffs. This is an exercise in hyper-vigilance more than the physical exercises accepted by ordinary physics. That physical exercise is only to be shown outwardly, but the exercise of community prayer is to be done keeping the inner and outer very clean and upright. After the prayer is over actual academic and administrative work starts.

Evidence of success

Each person's spiritual health is aided by the words of wisdom that are said at the morning assembly. One learns to accept that all religions teach the same things and that there is no one religion that is superior to the others. Confessing one's sins, pleading with God for forgiveness, and acknowledging his blessings Both faculty and staff are extremely driven to work with a positive attitude, adopt ethical behaviors, and uphold moral ideals in their daily lives. Companies looking to place students anticipate that they will possess both technical expertise and strong moral standards, which has a significant impact on their decision to hire them. This activity encourages moral behavior in society.

Problems encountered & Resources required

There are no issues because it provides a holy experience and spiritual energy throughout the entire day. It's challenging to manage today's pupils and require them to stand for five minutes during the prayer, but since this is not a religious requirement, all students—regardless of caste, tribe, or religion—stand and pray to God in unison in order to achieve their own goals. The institute has adequately provided all of the resources needed to carry out this practise.

Practice II:

2. Objectives of the Practice

- The students can discuss their academic concerns with Chairman
- Social, and emotional development

The Context:

The programme called "Speak with the Chairman" is one of Toms College's best practices. This entails the chairman and the students of our college from every department conversing about academic-related matters.

The practice:

This programme is held each week. The auditorium will host the event. Whenever possible, the programme is run on Fridays from 12 to 1 pm.

The students can discuss their academic concerns with Chairman Tom T. Joseph sir directly by doing this. The meeting's chairman counsels the students on how to enhance their academic performance. The students who achieved the highest marks on the module exams are also awarded prizes at this meeting. Both boys and girls are asked for feedback on their classes and academic performance, as well as whether any shortcomings have been fixed.

Strong interactions between teachers and students are another goal of this programme. Teachers frequently help students feel like they belong. They experience mental tranquilly as a result, which enables them to speak clearly. Teachers can also foster a secure environment where students feel comfortable discussing their problems.

Evidence of success

As a result, they experience mental peace, which makes it possible for them to communicate clearly. In order for children to feel comfortable addressing their difficulties, teachers can also create a safe environment. Learning and development, as well as classroom management, are impacted by the teacher and students' interactions in the classroom.

Problems encountered & Resources required

Even if the programme may suffer when the chairman has a hectic schedule, he used to adhere to this practise as closely as he could. This programme runs every week. It will take place in the auditorium. The class is typically offered on Fridays from 12 to 1 pm.

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